



# RIDGEWOOD

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## PUBLIC SCHOOLS

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### FOR IMMEDIATE RELEASE

**March 15, 2017** – The district’s free Wellbeing Series for parents, guardians and the general adult public continues on Tuesday, April 4 with District Director of Special Programs Dr. Kim Buxenbaum.

Dr. Buxenbaum will speak on the topic, “Least Restrictive Environment / Transitions.” She will explain terminology and describe the continuum of support in place for students receiving special education in the Ridgewood Public Schools. A panel discussion will also be included, featuring parents whose children have transitioned through the school system grade levels.

The presentation will take place at the Education Center, 49 Cottage Place, Ridgewood, from 7-9 p.m.

Following Dr. Buxenbaum’s talk are two remaining programs that will round out the 2016-2017 series.

Psychologist and author Dr. Catherine Steiner-Adair will cover the topic, “Protecting Children and Family Relationships in the Digital Age” on Tuesday, April 18 at the George Washington Middle School Auditorium from 7-9 p.m.

The final speaker in the Wellbeing series will be Dr. Kenneth Ginsburg, pediatrician, professor and author. Dr. Ginsburg will speak to parents and guardians on Tuesday, May 23 at 9:30 a.m. on the topic, “Fostering Resilience,” and at 7 p.m. on “Authentic Success.” The morning program will take place at the Ridgewood Public Library Auditorium, located at 125 North Maple Avenue. The evening program will take place at George Washington Middle School Auditorium.

All programs are free and open to the adult public.

The 2016-2017 Wellbeing Series, developed for parents, guardians and the Ridgewood adult public by the district’s Office of Curriculum, Instruction and Assessment, is a component of the Ridgewood Public Schools Community Outreach Program, which strives to help parents and guardians create balance in children’s lives and support their emotional health. This year’s series is co-sponsored by The Valley Hospital, with support from The (Ridgewood Education) Foundation and the district’s Home and School Associations.

For more information, please contact the office of the Assistant Superintendent for Curriculum, Instruction and Assessment at 201-670-2700, ext. 10532 or email [clabenda@ridgewood.k12.nj.us](mailto:clabenda@ridgewood.k12.nj.us).

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